

tastefullysimple®

Multi-Cooker 10-Meal Kit – Week B Fall-Winter 2020 • Grocery List

Apple Berry Pulled Pork Sandwiches

Side: Bayou Glazed Green Beans

Beef Ragù

Side: Creamy Parmesan Peppercorn Dressing

Mama Mia Penne with Turkey Meatballs

Mama's Beef & Barley Stew

Warm the Oven Sausage Risotto

Produce

- 1 pound baby carrots
- 6 medium celery ribs
- 2 (8 ounce) packages sliced fresh button mushrooms

Meat/Seafood

- 1 (3 pound) boneless pork shoulder roast
- 1 (2½ pound) boneless beef chuck roast
- 1½ pounds beef for stew meat
- 1½ pounds lean ground turkey
- 1 pound mild or hot ground Italian sausage

Dry Grocery

- ¼ cup all-purpose flour
- ½ cup plain panko bread crumbs
- 1½ cups Arborio rice

Refrigerated/Dairy

- 2 ounces grated Parmesan cheese (½ cup)
- 1 large egg

Misc. Items Needed for Freezer Meal

Prep

- 9 (1-gallon) resealable freezer bags
- 7 (1-quart) resealable freezer bags
- Measuring cups/spoons
- Scissors
- Fork and sharp knife
- Cutting board
- Wax paper
- Fork/tongs for handling raw meat (if meat is not already precooked and bagged)
- Cooler if attending a workshop

Tastefully Simple Products

Bayou Bourbon™ Glaze

Mama Mia™ Marinara Sauce Mix

Onion Onion™ Seasoning

Seasoned Pepper

Spiced Apple Berry Sauce

Warm the Oven! Dip Mix

Additional Items Needed for Serving

Apple Berry Pulled Pork Sandwiches

- 1 (14 ounce) package tri-color coleslaw mix (without dressing)
- ¼ cup mayonnaise
- 6 brioche hamburger buns
- 1 (2.8 ounce) container French fried onions

Beef Ragù

- 2 tablespoons vegetable oil
- 1 (28 ounce) can no salt added crushed tomatoes
- 1 (6 ounce) can no salt added tomato paste
- ½ cup unsalted beef broth or stock
- ½ cup red wine or unsalted beef broth
- Prepared pasta of choice, mashed potatoes or polenta

Mama's Beef & Barley Stew

- 2 tablespoons vegetable oil
- 1 (6 ounce) can no salt added tomato paste
- 6 cups unsalted beef broth or stock
- 1½ cups pearly barley

Mama Mia Penne with Turkey Meatballs

- 1 tablespoon vegetable oil
- 1 (29 ounce) can tomato purée
- 12 ounces penne pasta

Warm the Oven Sausage Risotto

- 4 cups unsalted chicken broth or stock
- ¾ cup grated Parmesan cheese

Don't Forget the Sides

Bayou Glazed Green Beans

- 1 tablespoon vegetable oil
- 1 pound fresh green beans

Creamy Parmesan Peppercorn Dressing

- ¾ cup mayonnaise
- ½ cup grated Parmesan cheese
- ⅓ cup milk
- 1 tablespoon red wine vinegar
- Desired green salad makings